

## Students Saving Lives: Stem Cell Awareness and Education Community Service Activity for Ontario High School Students

Did you know that you have the power to be a real living hero? **Canadian Blood Services** is looking for young adults ages 17-35 to join the **Canadian Stem Cell Registry**. When you join, you give hope to the 800 people in Canada waiting for their match to survive.

The registry in Canada is predominantly (66%) caucasian. People of different races and backgrounds are greatly needed to diversify the registry. Canadian students have the ability to transform this landscape for future generations. Please consider the following pre-approved service activities to fulfill your **Community Involvement Activity** hours.

### Complete Steps 1-5 for up to 5 hours of “Stem Cell Awareness and Education:”

- **Step 1:** Watch Video 1: Stem Cell Donation: <https://youtu.be/V4fVBtxnWfM>
- **Step 2:** Watch Video 2: Patient and Donor Experience: <https://youtu.be/T9UjhWeYPiA>
- **Step 3:** Read the Stem Cell Donor and Patient Frequently Asked Questions: <https://www.blood.ca/en/stemcells/donating-stemcells/stemcell-donor-and-patient-faqs>
- **Step 4:** Complete the Stem Cell Knowledge Test: [www.blood.ca/StudentsSavingLives](http://www.blood.ca/StudentsSavingLives)
- **Step 5:** Reflect on what you’ve learned. Speak with family or friends. Do some of your own research. Consider what impact you could have if you decided to join the registry.

*Thank you for now being aware of the impacts of a robust national stem cell registry!*

*Activities are available to all students after Grade 8, however, only students aged 17 and over are permitted to officially join the registry in Canada. In order to be fair and equitable, all students regardless of age or eligibility may partake in the awareness & education portion (steps 1-5) to accrue partial hours.*

### Complete Steps 6-7 for an additional 5 hours of “Joining the Stem Cell Registry:”

- **Step 6:** Register to become a potential stem cell donor. After completing the Knowledge Test, please click the button “Advance to registration” to start the registration process.
- **Step 7:** After registering, a swab kit will be mailed to your home within 2-3 weeks. Swab the inside of your cheeks and return the envelope via mail. All postage is paid.

*Thank you for participating in this meaningful way to be of service to your community!*

*The Ontario Ministry of Education PPM 124a has reduced the number of Community Involvement Activities from 40 to 20 hours for students graduating in 2021 and 2022. Community service hours that have been completed will be recorded on the report cards of graduating students. Final approval of the activities and suggested hours remains at the sole discretion of the Principal and Guidance staff at the approving school.*