ᐱᔭᕇᕐᓗᒋᑦ ᐊᑐᖅᑕᐅᒋᐊᓖᑦ 1-5 ᒪᕐᕉᓐᓄ 2 ᐃᑲᕐᕌᓐᓄᒃ “ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᐅᔾᔨᕈᓱᑎᑦᑎᓂᖅ ᐊᒻᒪ ᐃᓕᓐᓂᐊᕐᓂᓕᕆᓂᖅ:”

● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 1: ᑕᑯᓐᓇᕐᓗᒍ ᑕᕐᕆᔭᖅ 1: ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᑐᓂᓯᑐᐃᓐᓇᓂᕐᒧᑦ: https://youtu.be/V4fVBtxnWfM
● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 2: ᑕᑯᓐᓇᕐᓗᒍ ᑕᕐᕆᔭᖅ 2: ᐋᓐᓂᐊᔪᖅ ᐊᒻᒪ ᑐᓂᓯᔪᖅ ᐊᑐᖃᑦᑕᖅᓯᒪᔭᖏᑦ: https://youtu.be/T9UjhWeYPiA
● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 3: ᐅᖃᓕᒫᕐᓗᒋᑦ ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᑐᓂᓯᔪᖅ ᐊᒻᓪᒪ ᐋᓐᓂᐊᔪᒧᑦ ᐊᐱᖅᑯᑕᐅᒐᔪᑦᑐᑦ:
https://www.blood.ca/en/stemcells/donating-stemcells/stemcel-donor-and-patient-faqs
● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 4: ᐱᔭᕇᕐᓗᒍ ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᖃᐅᔨᒪᓂᕐᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᖅ: www.blood.ca/StudentsSavingLives
● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 5: ᖃᐅᔨᒋᐊᕐᓗᒋᑦ ᐃᓕᑕᑎᑦ. ᐅᖃᖃᑎᒋᓗᒋᑦ ᐃᓚᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᖃᓐᓇᑎᑦ. ᐃᓚᖏᓐᓂ ᓇᒻᒥᓂᖅ
ᖃᐅᔨᓴᕐᓂᖃᕐᓗᑎᑦ. ᐃᓱᒪᒋᓗᒍ ᖃᓄᐃᑦᑐᑦ ᐊᑦᑐᖅᑕᐅᒐᔭᖅᑐᑦ ᐃᓱᒪᓕᐅᕐᓂᕈᕕᑦ ᐃᓚᒋᔭᐅᓗᑎ ᐊᑎᓕᐅᕐᕕᒻᒥ.

ᖁᔭᓐᓇᒦᒃ ᐅᔾᔨᕈᓱᓐᓂᕐᓄᑦ ᐊᑦᑐᖅᑕᐅᔪᓂᑦ ᓱᑲᑦᑐᓂᑦ ᑲᓇᑕᒥ ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᐊᑎᓕᐅᕐᕕᒃ!

ᐱᓕᕆᔭᐅᔪᑦ ᐊᑐᐃᓐᓇᐅᔪᑦ ᐃᓕᓐᓂᐊᕆᐊᒃᑲᓂᖅᑐᓄᑦ ᐃᓕᓐᔾᓂᐊᖅᑎᓕᒫᓄᑦ ᑭᖑᓂᐊᒍ ᖁᕝᕙᓯᓐᓂᓖᑦ 8, ᑭᓯᐊᓂᓕ, ᐃᓕᓐᓂᐊᖅᑎᑐᐊᑦ ᐊᕐᕌᒍᓖᑦ 17 ᐊᒻᒪ ᐅᖓᑖᓄᑦ ᐱᔪᓐᓇᖅᑎᑕᐅᔪᑦ ᐱᔭᕇᖅᓯᓗᑎ ᐊᑐᖅᑕᐅᔪᓂᑦ 6 ᐊᒻᒪ 7 ᓇᓗᓇᐃᔭᖅᓯᒪᔪᑦ ᐊᑖᓂ ᐃᓕᓴᕆᔭᐅᓯᒪᔪᒥᑦ ᐃᓚᒋᔭᐅᓕᕐᓗᓂ ᐊᑎᓕᐅᕐᕕᒃ ᑲᓇᑕᒥ. ᑭᖑᓪᓕᖅᐹᒥ ᐊᖏᖅᑕᐅᓂᖓ ᑖᔅᓱᒧᖓ ᐱᔨᑦᑎᖅᑕᒧᑦ ᐱᓕᕆᔭᐅᔪᒧᑦ ᐊᒻᒪ ᐅᖃᐅᓯᐅᓯᒪᔪᑦ ᐃᑲᕐᕋᖏᑦ ᐃᓱᒪᖅᑑᑕᐅᔪᑦ ᐃᓕᓴᐃᔨᓄᑦ ᐊᖏᔪᖅᑳᒧᑦ ᐊᒻᒪ ᐃᑲᔪᖅᑎᓄᑦ ᐃᖅᑲᓇᐃᔭᖅᑎᓄᑦ ᐊᖏᖅᑕᐅᕕᐅᔪᒥᑦ ᐃᓕᓐᓂᐊᕕᒻᒥᑦ.

ᓴᓖᕌᕋᔅᓴᐃᑦ: ᐱᔭᕇᕐᓗᒍ ᐊᑐᖅᑕᐅᒋᐊᓖᑦ 6-7 ᒪᕐᕉᓐᓄ 2 ᐃᑲᕐᕌᓐᓄᒃ “ᐃᓚᒋᔭᐅᓕᕐᓂᖅ ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓄᑦ ᐊᑎᓕᐅᕐᕕᒃ:”

● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 6: ᐊᑎᓕᐅᕐᓗᓂ ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓄᑦ ᑐᓂᓯᔪᓐᓇᑐᐃᓐᓇᕆᐊᖃᓂᕐᒧᑦ. ᐱᔭᕇᓚᐅᕐᓗᒍ ᖃᐅᔨᒪᓂᖃᓂᓕᕐᒧᑦ,
ᖃᐅᔨᓴᖅᑕᐅᓂᖅ, ᓇᕿᓪᓗᒍ ᓇᕿᒋᐊᓕᒃ “ᓯᕗᒧᒋᐊᕐᓗᓂ ᐊᑎᓕᐅᓂᕐᒧᑦ” ᐱᒋᐊᖅᑎᓪᓗᒍ ᐊᑎᓕᐅᓂᕐᒧᑦ ᐱᕙᓪᓕᐊᓂᖓ.
● ᐊᑕᖅᑕᐅᒋᐊᓕᒃ 7: ᐊᑎᓕᐅᓚᐅᖅᑎᓪᓗᑎᑦ, ᖃᐅᔨᓴᐅᑎᔅᓴᐃᑦ ᐊᐅᓪᓚᖅᑎᑕᐅᓂᐊᖅᑐᑦ ᐃᕝᑯᑦ ᐊᖏᕋᖓᓄᑦ ᐃᓗᐊᓂ 2-3
ᐱᓇᓱᐊᕈᓯᕐᓂᑦ. ᖃᐅᔨᓴᐅᑎᑦ ᐊᒋᐅᑦᑎᕕᒋᓗᒋᑦ ᖃᓂᒃᑯᑦ ᐅᓗᐊᕕᑦ ᓇᓛᒍᑦ ᐊᒻᒪ ᐅᑎᖅᑎᓪᓗᒍ ᐴᔅᓴᖅ ᑎᑎᖅᑲᓂᐊᕐᕕᒃᑯᑎᒍᑦ l.
ᖃᖓᑦᑕᐅᑎᓕᒫᑦ ᐊᑭᓕᖅᓯᒪᔪᑦ.

ᖁᔭᓐᓇᒦᑦ ᐃᓚᐅᖃᑕᐅᔪᓐᓇᕋᑯᑦ ᑖᖦᓱᒥᖓ ᑐᑭᖃᑦᑎᐊᖅᑐᒥᑦ ᐱᔨᑦᑎᓂᕐᒧᑦ ᐃᕝᕕᑦ ᓄᓇᓕᖓᓄᑦ!

ᖃᐅᔨᒪᓐᓂᖅᑮᑦ ᐱᔪᓐᓇᐅᑎᖃᖅᑐᑎᑦ ᐆᒪᓗᑎᑦ ᐃᓅᓗᑎᑦ ᐃᑲᔪᕈᓐᓇᖅᑐᑎᑦ? ᑲᓇᑕᒥ ᐊᐅᓕᕆᔩᑦ ᕿᓂᖅᑐᑦ ᒪᒃᑯᑦᑐᓂᑦ ᐃᓐᓇᕐᓂᑦ ᐊᕐᕌᒍᓖᑦ 17-35 ᐃᓚᒋᔭᐅᓗᑎ ᑲᓇᑕᒥ ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᐊᑎᓕᐅᕐᕕᒃ. ᐃᓚᒋᔭᐅᓕᕈᑯᑦ, ᑐᓂᓯᒍᓐᓇᖅᑐᑎᑦ ᐱᔪᒪᓂᖃᖅᑐᓂᑦ 800 ᐃᓄᓐᓄᑦ ᑲᓇᑕᒥ ᐅᑕᖅᑭᔪᑦ ᐊᔾᔨᖏᓐᓂᑦ ᐆᒪᓂᐊᕐᓗᑎ.

ᐊᑎᓕᐅᕐᕕᒃ ᑲᓇᑕᒥ ᐊᒥᓲᓂᖅᓴᐅᔪᑦ (66%) ᖃᓪᓗᓈᑦ. ᐃᓄᐃᑦ ᐅᕕᓂᖏᓐᓂ ᐊᔾᔨᒌᖏᑦᑐᓂᑦ ᐊᒻᒪ ᓇᑭᑐᐃᓐᓈᖅᓯᒪᔪᓂᑦ ᐱᔭᐅᔭᕆᐊᖃᓪᓚᕆᑦᑐᑦ ᐊᔾᔨᒌᖏᑦᑑᑕᐅᖁᓪᓗᒋᑦ ᐊᑎᓕᐅᕐᕕᒃ. ᑲᓇᑕᒥ ᐃᓕᓐᓂᐊᖅᑏᑦ ᐱᔪᓐᓇᕐᓂᖃᖅᑐᑦ ᐊᓯᔾᔩᓗᑎ ᑖᓐᓇ ᓄᓇᒋᔭᖓ ᓯᕗᓂᔅᓴᒥ ᑭᖑᕚᖏᓐᓄᑦ. ᐃᓱᒪᒋᔭᐅᓂᐊᖅᑯᑦ ᐅᑯᐊ ᓄᓇᓕᒻᒧᑦ ᐱᔨᑦᑎᖅᑕᐅᔪᑦ ᐱᐅᓯᑎᒋᐊᕐᓗᒍ ᐃᓄᓐᔾᓅᐊᔪᓂᑦ ᐅᔾᔨᕈᓱᑎᑦᑎᓂᕐᒥᑦ ᐸᕐᓇᐸᓪᓕᐊᑎᓪᓗᑎᑦ ᐱᔭᕇᖅᓯᓂᕐᒧᑦ.

ᐃᓕᓐᓂᐊᖅᑏᑦ ᐃᓅᓯᕐᓂᑦ ᐃᓅᓕᔅᓯᔪᑦ: ᐊᐅᓂᑦ ᐃᓗᐊᓃᑦᑐᓂᑦ ᐅᔾᔨᕈᓱᑎᑦᑎᓂᖅ ᐊᒻᒪ ᐃᓕᓐᓂᐊᕐᓂᓕᕆᓂᖅ
ᓄᓇᓕᒻᒧᑦ ᐱᔨᑦᑎᖅᑕᖅ ᐱᓕᕆᔭᐅᔪᖅ ᐃᓕᓐᓂᐊᕆᐊᒃᑲᓂᖅᑐᓄᑦ ᐃᓕᓐᓂᐊᕕᒻᒧᑦ ᐃᓕᓐᓂᐊᖅᑎᓄᑦ